



Prioritizing equity and community wellbeing in the wake of catastrophic events

April 13, 2021



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Grounding and Acknowledgement

We acknowledge that we are located on the unceded ancestral homeland of the Ramaytush Ohlone who are the original inhabitants of the San Francisco Peninsula. As the indigenous stewards of this land and in accordance with their traditions, the Ramaytush Ohlone have never ceded, lost, nor forgotten their responsibilities as the caretakers of this place and for all peoples who reside in their traditional territory. As guests, we recognize that we benefit from living and working on traditional homeland of the Ramaytush. We wish to pay their respects by acknowledging the Ancestors, Elders, and Relatives of the Ramaytush Community and by affirming their sovereign rights as First Peoples.

Polling Question: Who is in the audience today?

- A. City/county government
- B. CBO/nonprofit
- C. K-12 education
- D. College/university
- E. Funder/foundation
- F. Healthcare
- G. State or federal government
- H. Tribal organization
- I. Faith-based organization
- J. Other/not applicable





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Objectives

- Use the [Adverse Community Experiences and Resilience \(ACE | R\)](#) framework to **think about equitable community-level recovery** and systems change that supports wellbeing in the long term.
- **Identify actions agencies and organizations have taken** before or during periods of disruption such as the COVID-19 pandemic to create protective environments, strengthen economic supports, and advance other suicide and trauma prevention strategies.
- **Discuss what actions are needed moving forward** to further community wellbeing, prevent suicide and trauma, and intentionally address racial and other inequities.



Text chat question:
**What does prioritizing
equity and community
wellbeing mean to you in
this moment?**



In order to rebuild, we have to address the underlying inequities that made us so vulnerable to the pandemic in the first place

Melissa Boteach, vice president for income security and child care/early learning at the National Women's Law Center



New opportunities for communities

American Rescue Plan Provides More Relief to Local Governments

March 17, 2021 by Eric Lowell
Category: Revenues , COVID-19



AMERICAN
PSYCHIATRIC
ASSOCIATION



PSYCHIATRISTS

RESIDENTS

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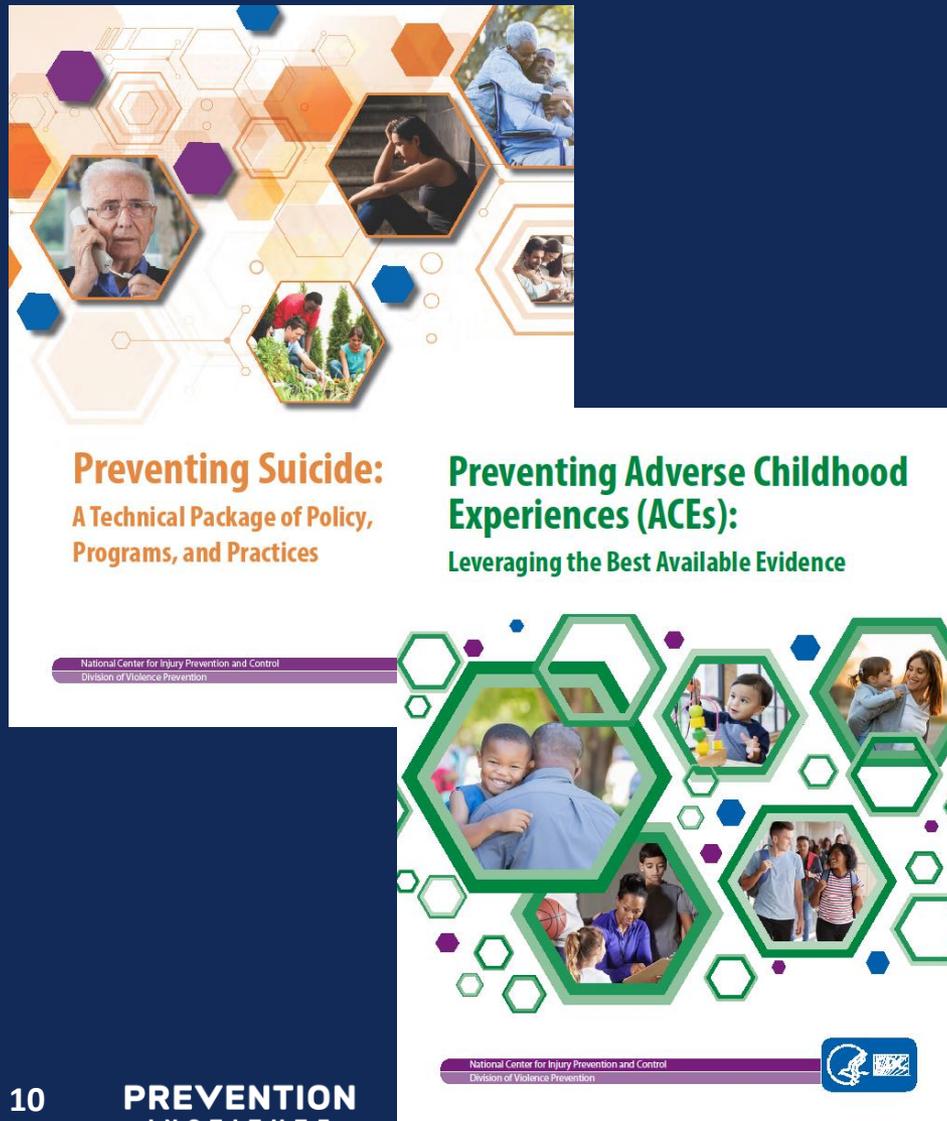
[News Releases](#)

[Message from the President](#)

[Reporting on Mental Health
Conditions](#)

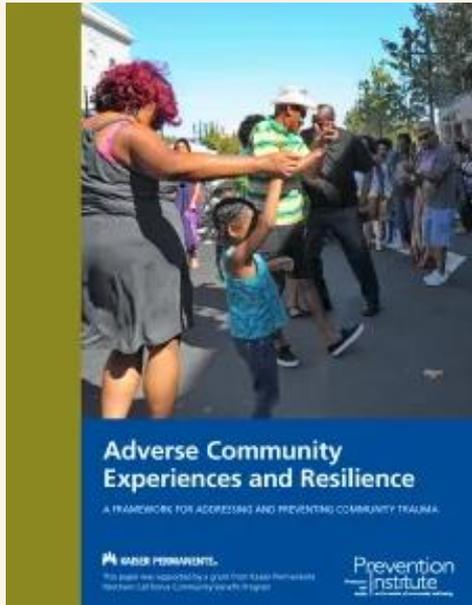
APA Praises Inclusion of Mental Health Funding and Provisions in the American Rescue Plan Act of 2021

Key strategies from best available research

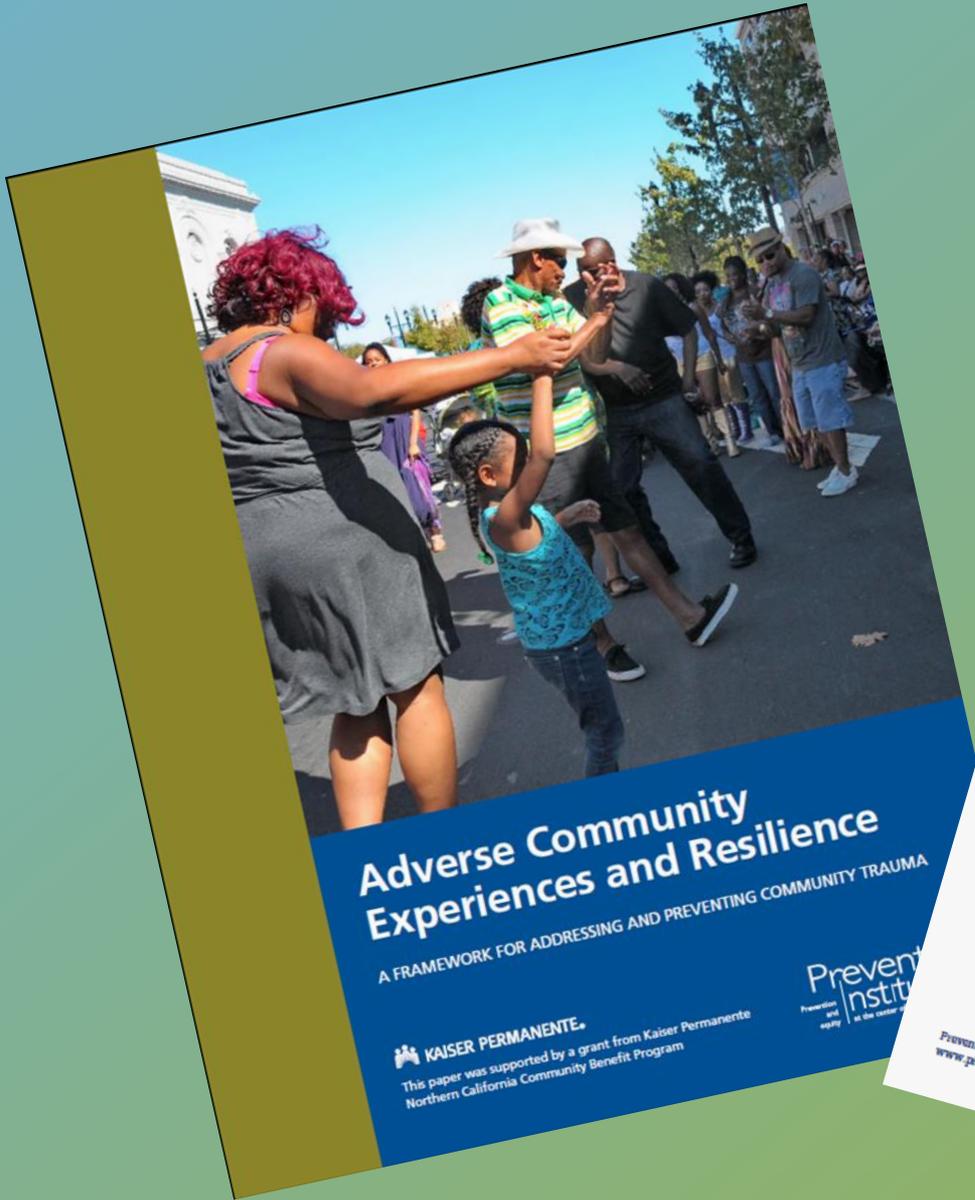


- Strengthen economic supports
- Lessen harms and prevent future risk
- Create protective environments
- Promote social norms that protect against violence and adversity
- Promote connectedness
- Ensure a strong start for children
- Teach skills
- Identify and support people at risk

Today's peer learning forum



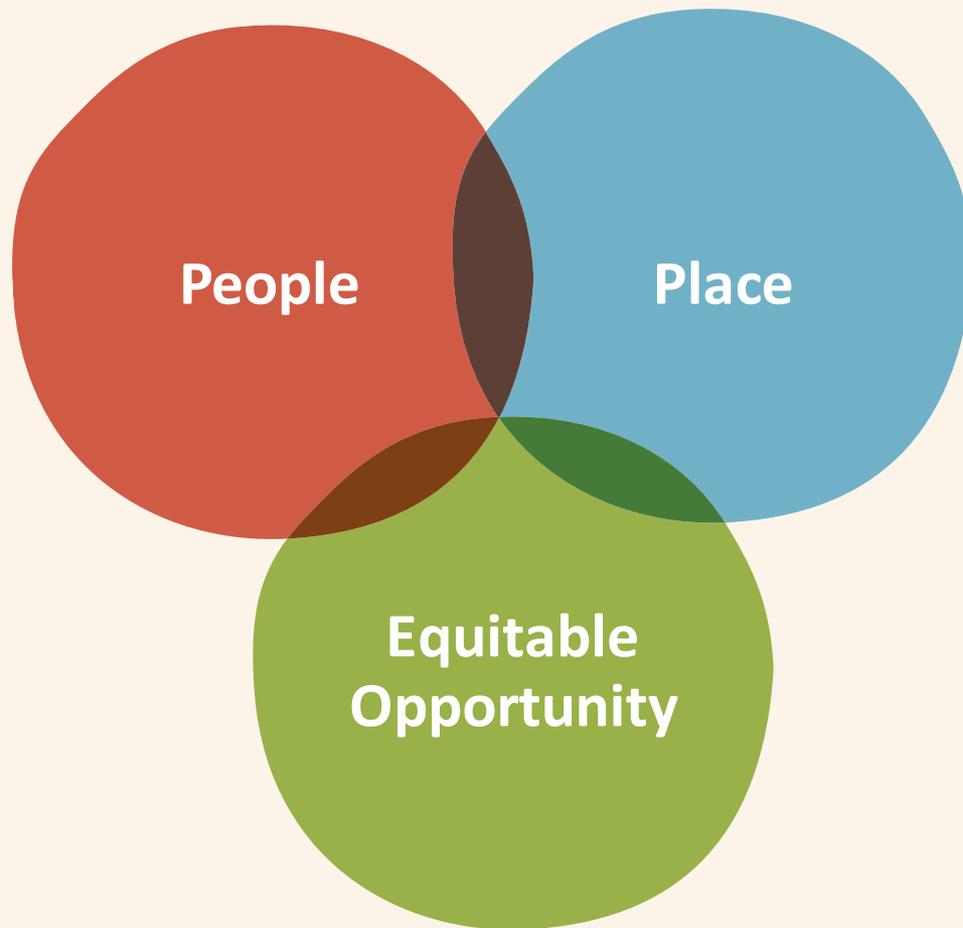
- Applying the Adverse Community Experiences and Resilience framework, with Dr. Howard Pinderhughes
- Examples of prioritizing equity and community wellbeing
- Learnings from Houston with Deborah Moore and Sheila Savannah
- Peer exchange

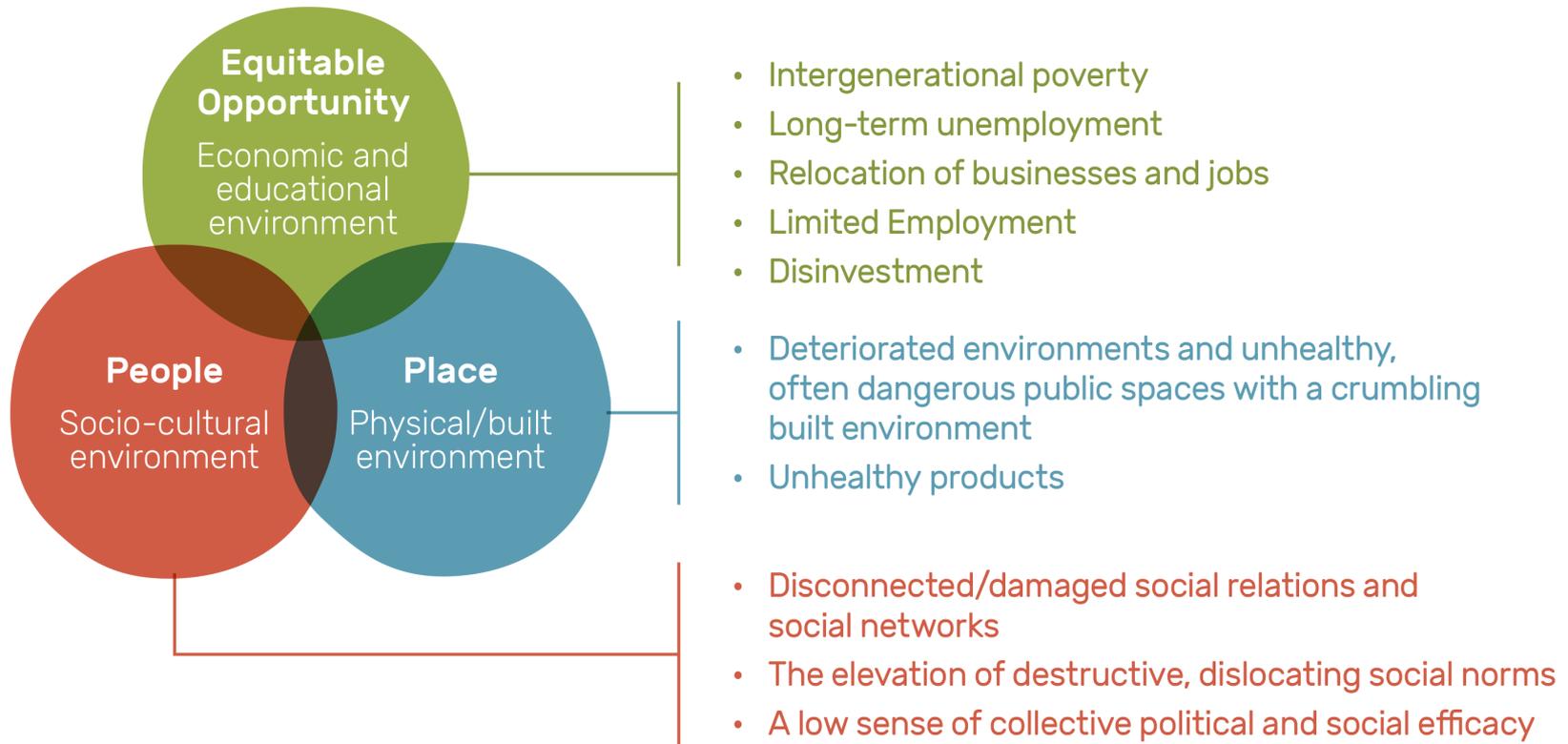


Community Trauma

- Trauma manifests at the **community level** -- not just the aggregate of individuals in a neighborhood who have experienced trauma.
- Community trauma is the impact of **chronic adversity** (e.g., violence and structural violence) across a community.
- Trauma is a **barrier to effective solutions to promote health, safety and well-being.**
- There are manifestations, or **symptoms, of community trauma** in the social-cultural, physical/built and economic environments.

THRIVE Clusters and Factors



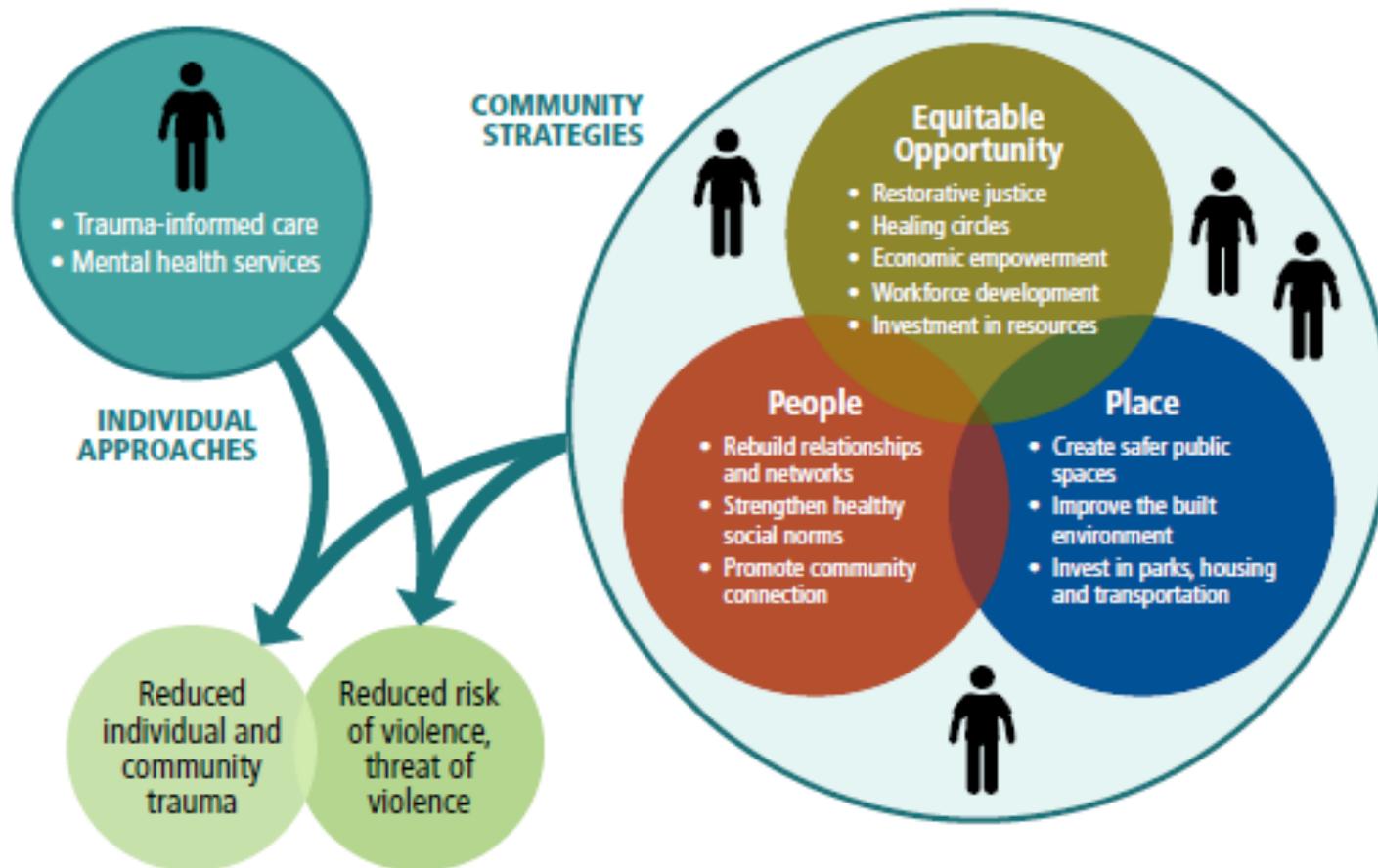


Sample Symptoms of Community Trauma

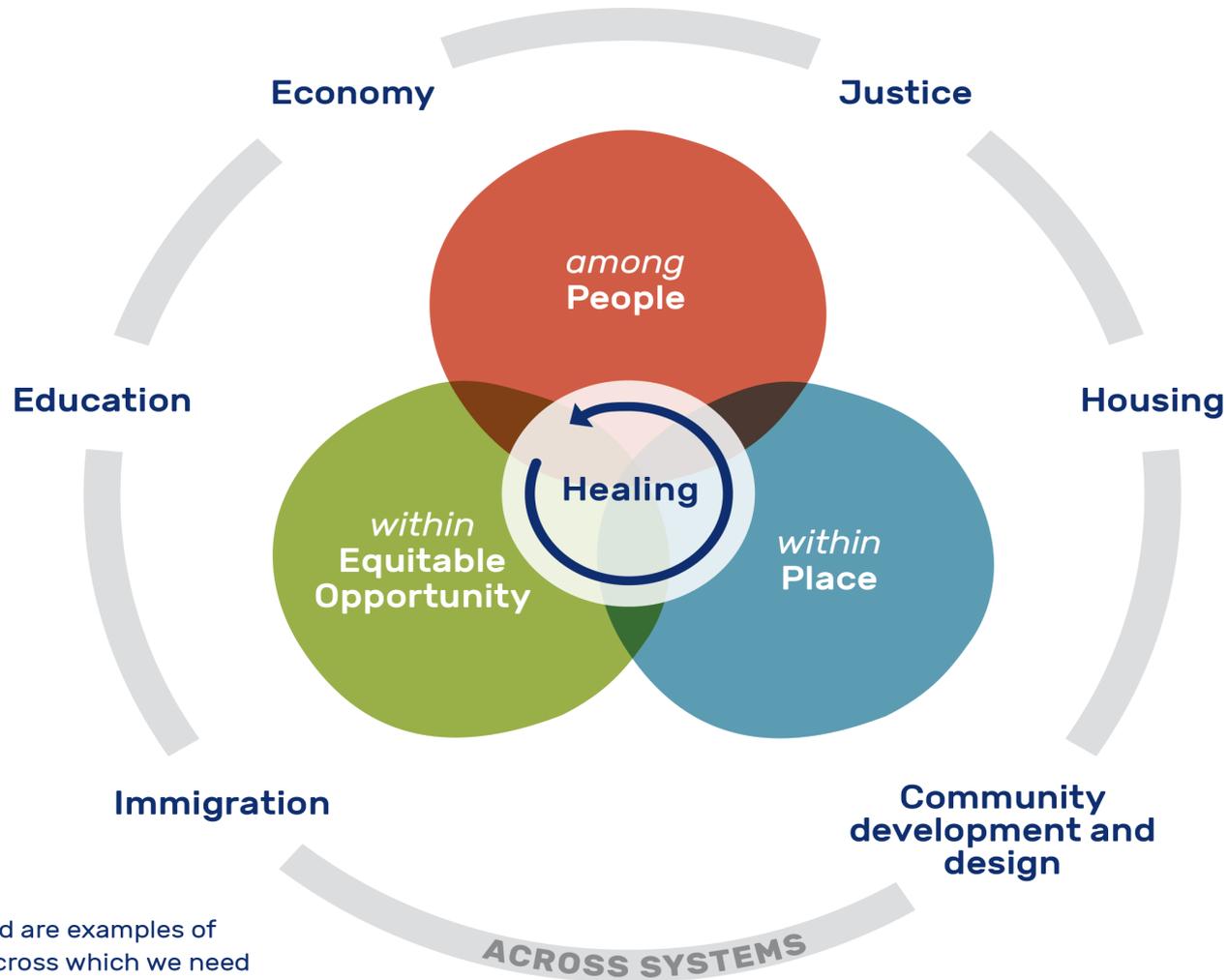
Community trauma symptoms are the **manifestations of the impact of experiencing adversity** (structural violence and/or violence) across a community.



Text chat question:
**How have you seen your
community show resilience
during the past year?**



Simultaneous Community Solutions



Note: The systems listed are examples of the types of systems across which we need to work to address community trauma.



Actions agencies and organizations have taken before or during periods of disruption

People

The relationships between people, the level of engagement, and norms.



Social networks & trust



Participation & willingness to act for the common good

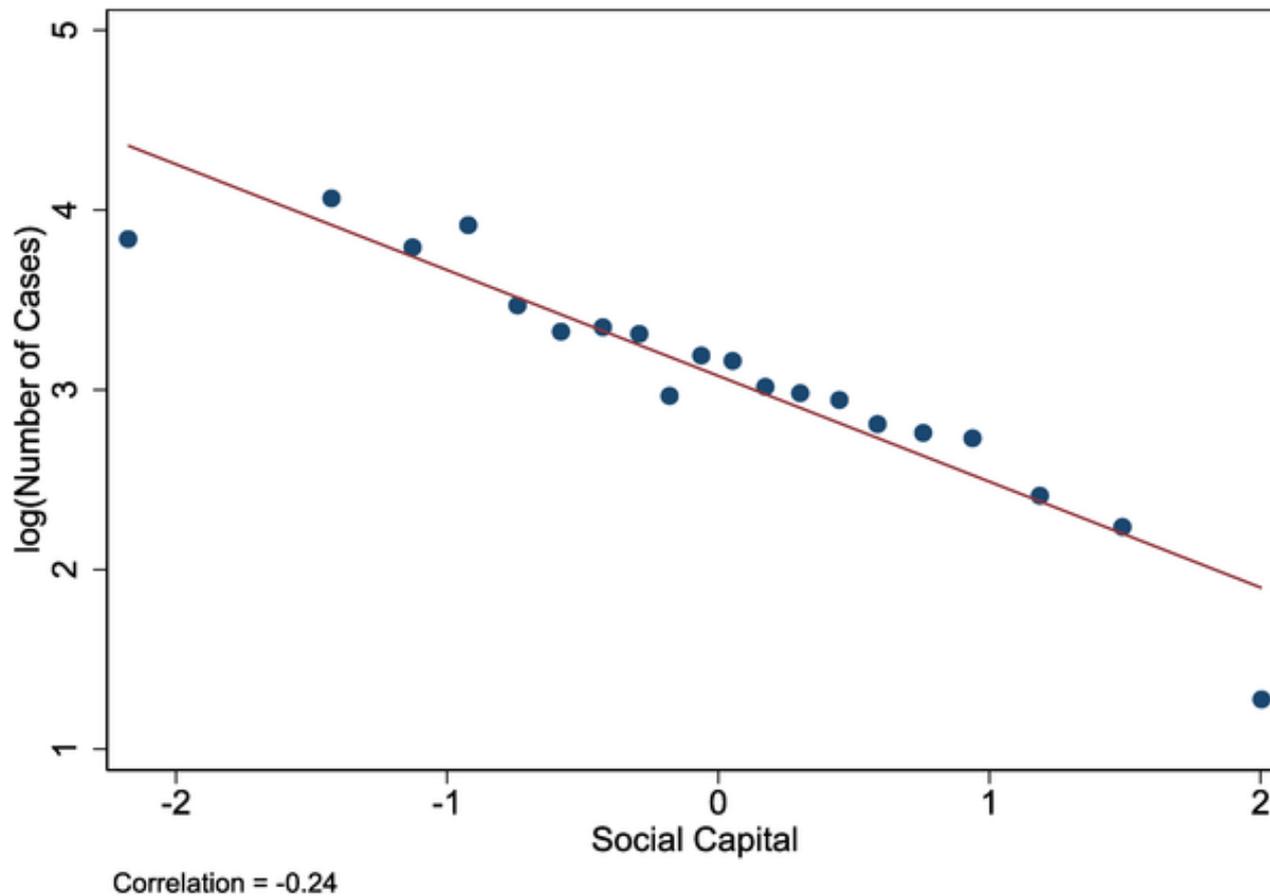


Norms & culture

Equitable
Opportunity



Place



Social capital and the COVID-19 pandemic

Social infrastructure



Photo courtesy of Kōkua Kalihi Valley Comprehensive Family Services, Honolulu, HI

Trusted local groups and institutions that serve as **connection points** to meet community needs

Participatory Budgeting in St. Louis



ONLINE COMMUNITY VOTING
NOVEMBER 16-23, 2020

TO VOTE VISIT RECAST-STL.ORG

COMMUNITY VOTING OPPORTUNITIES

(RESIDENTS CAN ONLY VOTE ONE TIME)

Help decide how \$300,000 will be spent on projects for community well-being in the areas of: **mental health, youth engagement, peer support, and violence prevention.** Community members will review project descriptions and vote on which projects they want to see implemented within the St. Louis Promise Zone.

To vote, you must be:

- a St. Louis Promise Zone* resident
- 11 years of age or older

*The Promise Zone encompasses St. Louis City wards: 1 - 5, 18 - 19, 21 - 22, 26 - 27; and parts of St. Louis County, including the communities of: Belleverve Acres, Bel-Nor, Bel-Ridge, Berkeley, Beverly Hills, Cool Valley, Country Club Hills, Dellwood, Ferguson, Flordell Hills, Glen Echo Park, Greendale, Hazelwood, Hillside, Jennings, Kinloch, Moline Acres, Normandy, Northwoods, Pagedale, Pine Lawn, Riverview, University City, Uplands Park, Velda City, Velda Village Hills, and Wellston.



For more information, please call 314-615-0535.

ReCAST-STL.org

ReCASTSTL

ReCASTSTL

Place

The physical/built environment in which people live, work, play, and go to school.



Look, feel, & safety



What's sold & how it's promoted



Parks & open space



Air, water, soil



Getting around



Arts & cultural expression



Housing

People



Equitable
Opportunity

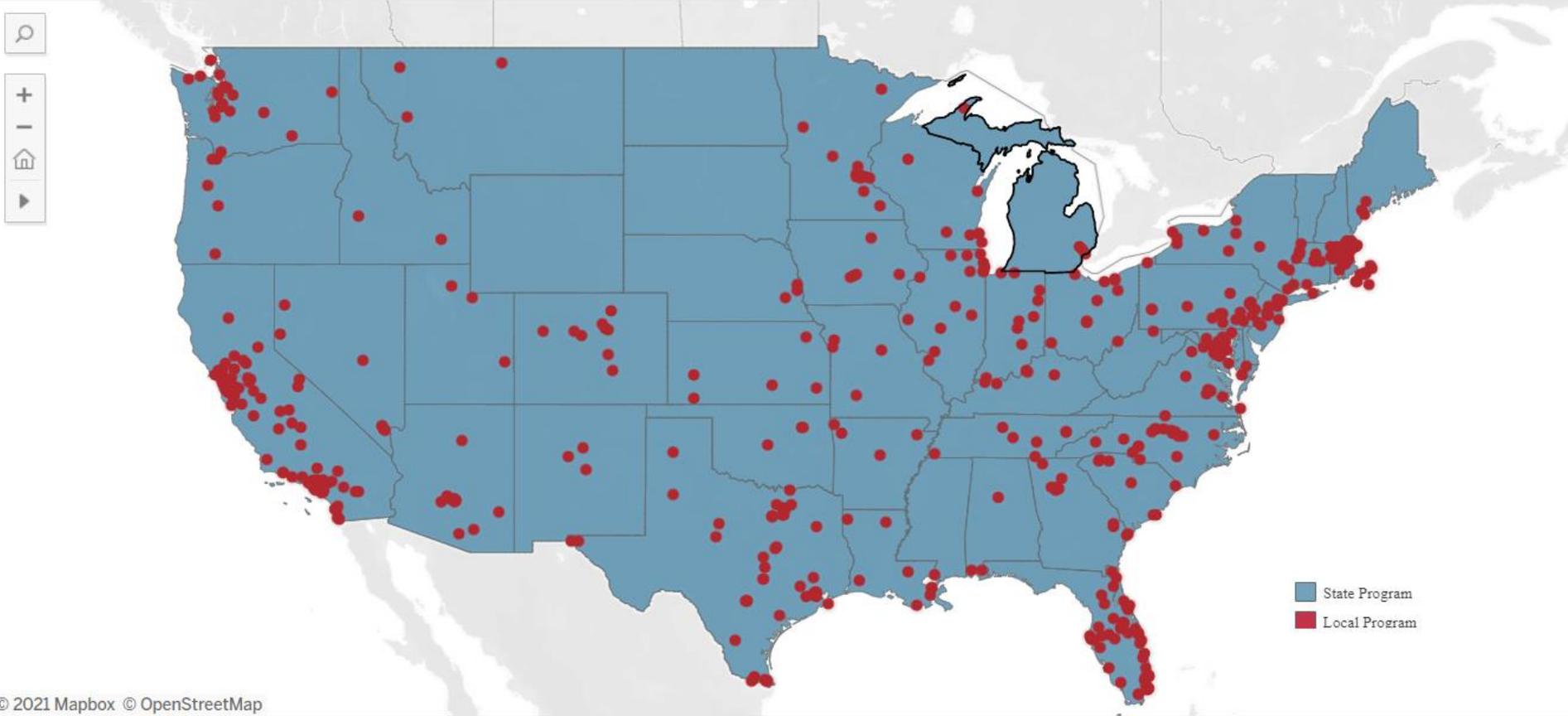
Community Resilience Hubs



RYSE Center, Richmond, CA

“Physical spaces that provide resources and capacity to promote social cohesion and everyday resilience (e.g., economic, health, environmental), as well as disaster preparedness, response, and recovery.”

COVID-19 Emergency Rental Assistance Programs



© 2021 Mapbox © OpenStreetMap

Housing Stabilization Policies

Equitable Opportunity

The level and equitable distribution of opportunity and resources as reflected in the economic environment.



Living wages & local wealth/assets



Education



Strengthening care infrastructure nationwide



- Universal long-term services and support
- Universal childcare
- Paid leave for all
- Support for family and sandwich generation caregivers
- Ensuring dignity for domestic workers and all care workers
- Innovations to prepare for the future

Creating a healing-centered school district: Chicago



The Healing-Centered Framework
for Chicago Public Schools

Our Commitment to a Trauma-engaged and
Culturally-responsive School District



Bridging the digital divide: Palm Beach County

Florida Power & Light Company partnered with the County to donate 1,000 utility poles, enabling internet access for distance learning during the COVID-19 pandemic.



“Our efforts to strengthen the broadband and infrastructure will last well beyond this pandemic for future generations of students.”
- Palm Beach County Schools
Superintendent Dr. Donald Fennoy



Perspectives on recovery from Houston, TX

Discussion questions

- What actions have community networks, organizations or local government taken during the past year to support wellbeing? How do those actions center equity?
- What does equitable recovery from the pandemic mean to you in this moment? What needs to be sustained?
- How do we build community networks and connectedness in advance of disasters?

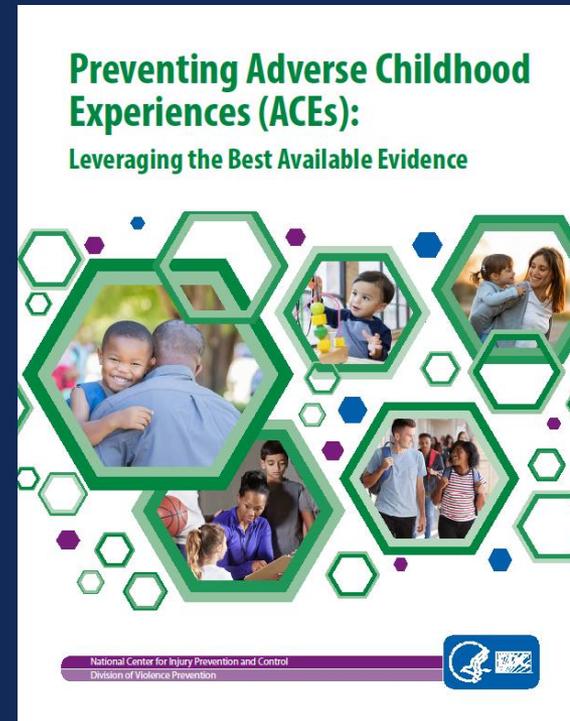
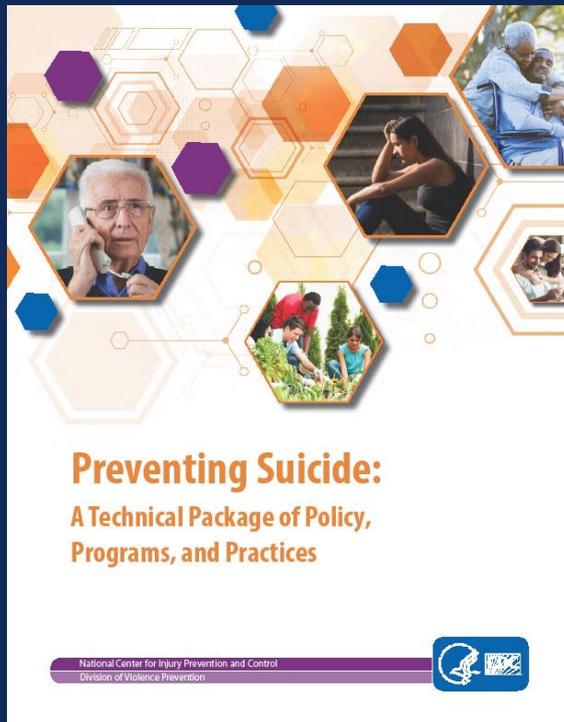


Text chat question:
What would be most helpful to you in terms of next steps?

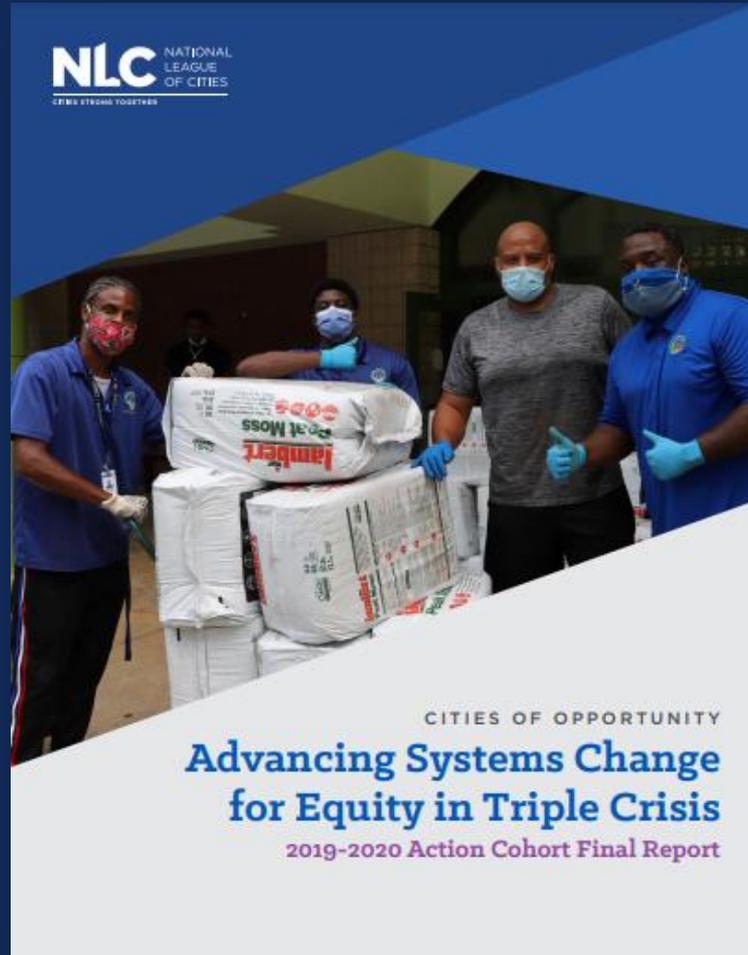


Resources

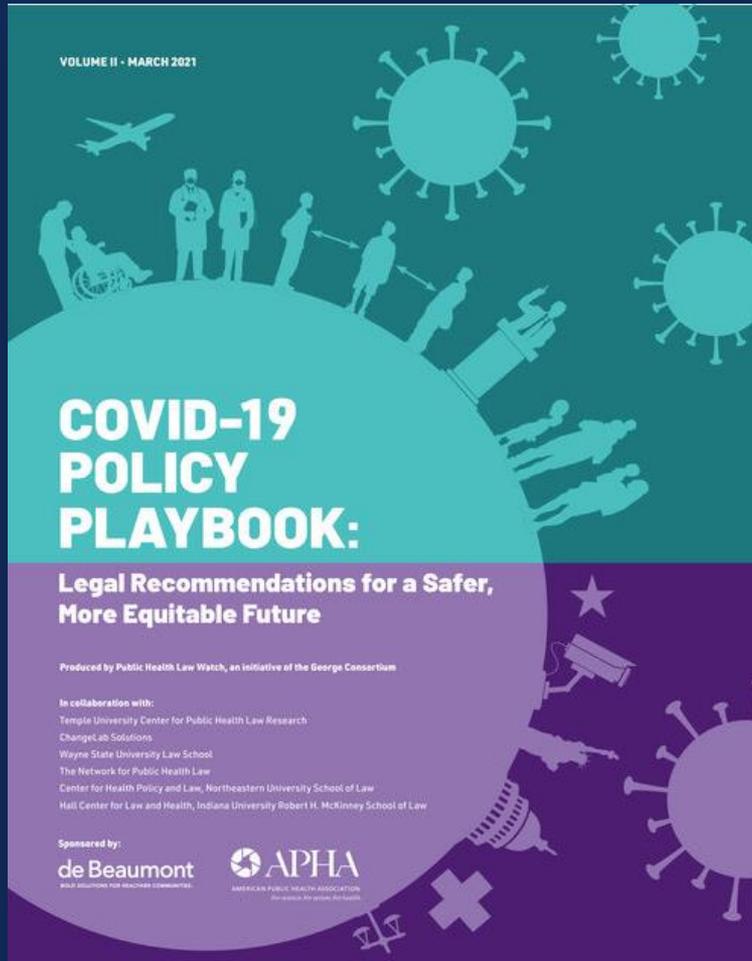
CDC Technical Packages



NLC Report: Advancing Systems Change for Equity in Triple Crisis



COVID-19 Policy Playbook



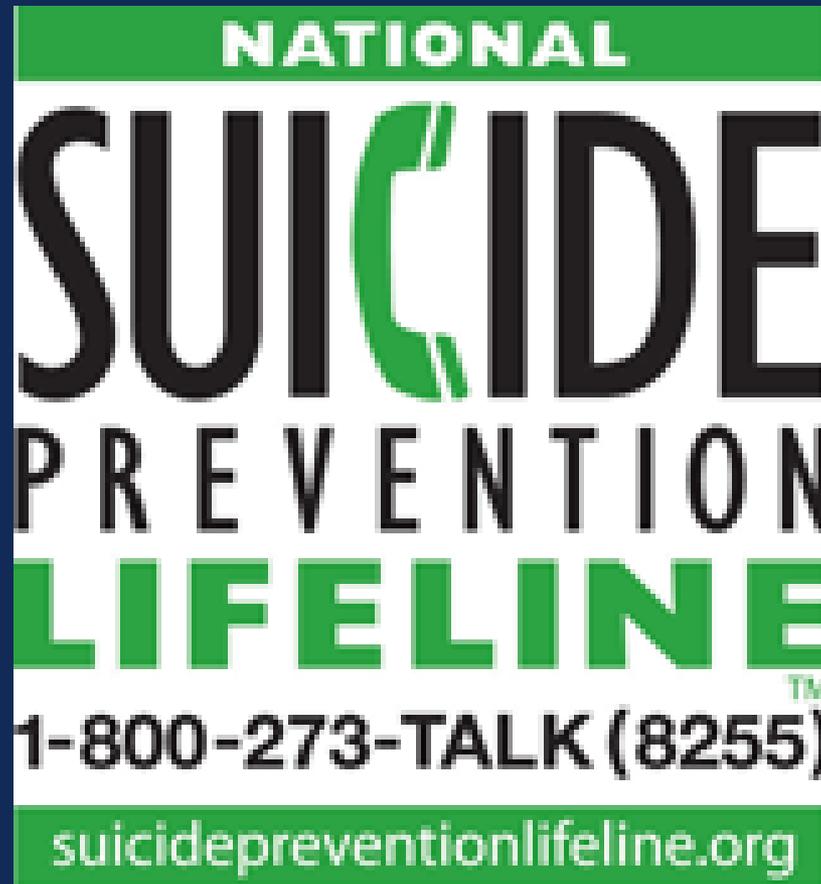
Including a section on “Legal Strategies for Promoting Mental Health and Wellbeing in Relation to the COVID-19 Pandemic”

<https://www.publichealthlawwatch.org/covid-playbook-ii>

Beyond Screening: Achieving California's Bold Goal of Reducing Exposure to Childhood Trauma



Need Help? Know Someone Who Does?



Online Lifeline Crisis Chat: <https://suicidepreventionlifeline.org/chat/>