

Preventing trauma and suicide during catastrophic events and beyond

ACTIVITY

Reflect on your current partners. Who are some new partners that you could connect with to build a comprehensive, equitable, suicide prevention strategy in your community?

The chart below is organized according to the seven strategies in the [CDC's suicide prevention technical package](#). Check off or write in the approach you want to consider. In the third column, list partners you would need to achieve success.

Strategy	Approach (select one)	Key Partners
Strengthen economic supports	☐ Household financial security ☐ Housing stabilization policies ☐ Other:	
Strengthen access and delivery of suicide care	☐ Coverage of mental health conditions ☐ Reducing provider shortages ☐ Safer suicide care ☐ Other:	
Create protective environments	☐ Reducing access to lethal means ☐ Organizational policy and culture ☐ Reducing excessive alcohol use ☐ Other:	
Promote connectedness	☐ Peer norm programs that normalize help-seeking and promote connectedness ☐ Community engagement activities ☐ Other:	
Teach coping and problem-solving skills	☐ Social-emotional learning programs ☐ Parenting skill and family relationship programs ☐ Other:	
Identify and support people at risk	☐ Training community leaders to identify people at risk of suicide and respond effectively ☐ Crisis intervention ☐ Treatment ☐ Other:	
Lessen harms and prevent future risk	☐ Postvention ☐ Safe reporting and messaging ☐ Other:	