

Resilience Grows Here Theory of Change Logic Model

Mission: Creating a community that fosters the health and resilience of veterans across their lifespan



Context/Population of Focus

Veterans, active duty military, families and young men in East Granby and FVHD towns

Context:

- Growing concern about mental health and social
- Disconnect between military and civilian culture exacerbated by stressors experienced by veterans and their families
- Fragmentated/ineffective services

Strengths:

- Community enthusiasm for veterans support
- Community philanthropic engagement
- Established Veterans Groups in East Granby and FVHD towns
- Experience implementing prevention programs and conducting outreach activities
- Experience engaging community partners
- Wealth of expertise from established community partnerships
- Town leadership willingness to engage

Needs:

- Designated physical, safe space for Veterans and their families to congregate(e.g. community garden)
- Identify in-town supportive resources and direct mental health services for veterans and their families
- Increased community awareness of veterans and mental health
- Community understanding/acceptance of the needs of veterans
- Accurate records of the number of veterans in Farmington Valley

Goals/Strategies

Reduce Veteran Isolation

- Community Garden
- A safe, supportive veteran space and programming
- Peer to peer support network
- Therapy Dog

Improve understanding of the needs and sacrifices of veterans and their families

- Community education and awareness programs
- Resource Packets (veterans, families, deployed)
- RGH Decal Program
- Veteran Outreach (veteran-to-veteran, veteran-to-family)

Destigmatize mental illness and promote good mental health

- Community education and awareness programs
- Peer-to-peer support network
- RGH School Climate Committee
- RGH Decal Program

Provide access to programs and services that meet the needs of veterans and their families

- Comprehensive services clearinghouse
- RGH Coordinator
- Trained peer-to-peer network
- Non-traditional approaches (Art, music, dog)

Outcomes

- **Serving Veteran & Family Needs**
- Improved understanding of the needs and sacrifices of veterans and their families.

- **Creating Connections**
- Reduced veteran isolation.

- **Understanding Mental Health**
- Improved mental and emotional support for veterans and families.
- Mental health becomes part of community agenda

- **Providing Access**
- Improved access to programs and services that meet the needs of veterans and their families
- Community members will know what services are available and how to direct veterans/families to them