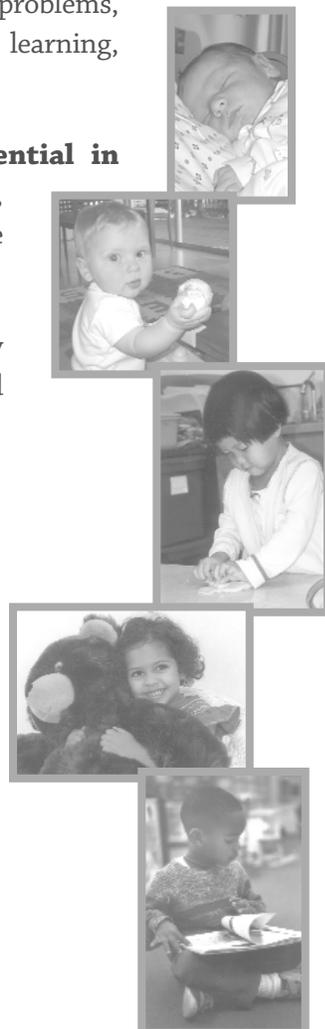


**1<sup>st</sup> STEPS**  
**TAKING ACTION EARLY TO PREVENT VIOLENCE**

**Violence prevention begins in the high chair, not the electric chair.**

—Rob Reiner, Chair, California Children and Families Commission

- **Violence has a traumatic impact on young children:** Witnessing or experiencing violence at a young age increases a child's risk for a variety of future problems, including aggression, involvement in violence, and difficulties in learning, forming healthy relationships, and maintaining emotional health.
- **Supporting healthy early childhood development is essential in preventing violence:** When children's needs for nurturing, protection, and learning are met, they are far less likely to become involved in violence when they grow up.
- **Early approaches are cost-effective:** Investment in early childhood programs more than pays for itself in crime-related and welfare savings.



Violence prevention needs to start earlier and acting as early as possible, in the first five years of life, is critical to success.

**First Steps: Taking Action Early to Prevent Violence** synthesizes current research, presents best practices, and offers a comprehensive strategy to inform violence prevention efforts targeted at the 0-5 population. The report includes 15 specific recommendations, along with case studies and suggested activities at the individual, family, community, organizational, and policy levels.

Printed copies of the report and a briefer guide that summarizes the framework, findings, and recommendations are now available free of charge (+ shipping costs). To view the reports online, please visit [www.preventioninstitute.org/firststeps.html](http://www.preventioninstitute.org/firststeps.html). To order your hardcopy, please submit the order form below.

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