

## Health Equity Training Series

*Developed for The California Endowment's Health Exchange Academy*

People of color and residents of low-income communities consistently face higher rates of morbidity and mortality across an expansive field of illnesses and injuries. Though health disparities are measured one disease or injury at a time, they are not primarily due to single exposures or isolated incidents. Rather, a broad range of social, economic, and community conditions create environments in which susceptibility is increased and protection eroded. Addressing health inequities requires a multifaceted strategy that engages the complexity of the underlying factors that affect health.

Prevention Institute is working in partnership with The California Endowment's Health Exchange Academy to produce a series of two training modules that present a primary prevention approach to health inequities.

Module One, *An Environmental Approach to Understanding Health Inequities*, will:

- familiarize participants with a prevention-based community health approach to health inequities
- help participants identify, analyze and prioritize factors in the community environment that can reduce health inequities
- develop the capacity to understand and communicate the value of primary prevention and an environmental approach to health outcomes

Module Two, *Creating Systematic and Strategic Change to Reduce Health Inequities*, will:

- teach strategies for identifying multiple levels of intervention to formulate a comprehensive approach to addressing health equity utilizing the spectrum of prevention and other Prevention Institute frameworks
- provide tools and techniques to develop coalition building and collaboration skills
- map out the essential elements to design an effective community health intervention with a prevention framework

Participants in this training—including Endowment grantees and staff and other identified groups—will first learn a conceptual framework that will then be applied towards the development of practical skills and strategies necessary to direct their work at underlying determinants of health and produce environmental changes that embody quality prevention in order to reduce health inequities. This project will include the development of a comprehensive curriculum guide and workbooks that draw on participant experience and expertise and focus on critical health issues in California such as asthma, nutrition and physical activity, and violence.

Prevention Institute is a leading national voice for improving community health and wellbeing through effective primary prevention, and The California Endowment has provided substantial leadership in California by promoting an approach to inequities that emphasizes quality primary prevention and comprehensive community health. The health equity training series will empower Endowment grantees and other identified groups and organizations to fully understand the value of a primary prevention approach to health inequities and possess the conceptual background and tools to apply this framework to their efforts in communities.

For more information about this project, please contact Jeremy Cantor at 415.444.8027 x333 or at [jeremy@preventioninstitute.org](mailto:jeremy@preventioninstitute.org).